



Turquoise has been used by ancient civilizations for centuries. It is regarded as a stone of teaching and protection.

Turquoise is a stone associated with earth. Ancient cultures believed that Turquoise enabled the unity of earth and heavens, bringing together male and female energies.



Turquoise stimulates the initiation of romantic love, and promotes spontaneity in romantic issues.

It is said that wearing turquoise will protect you from evil, negative emotions and even physical injury.



Turquoise aligns beautifully with the energy patterns of our body's immune function and emotional state. It is therefore a perfect choice of crystal to improve your immune system, combat stress, anxiety, panic attacks and depression.



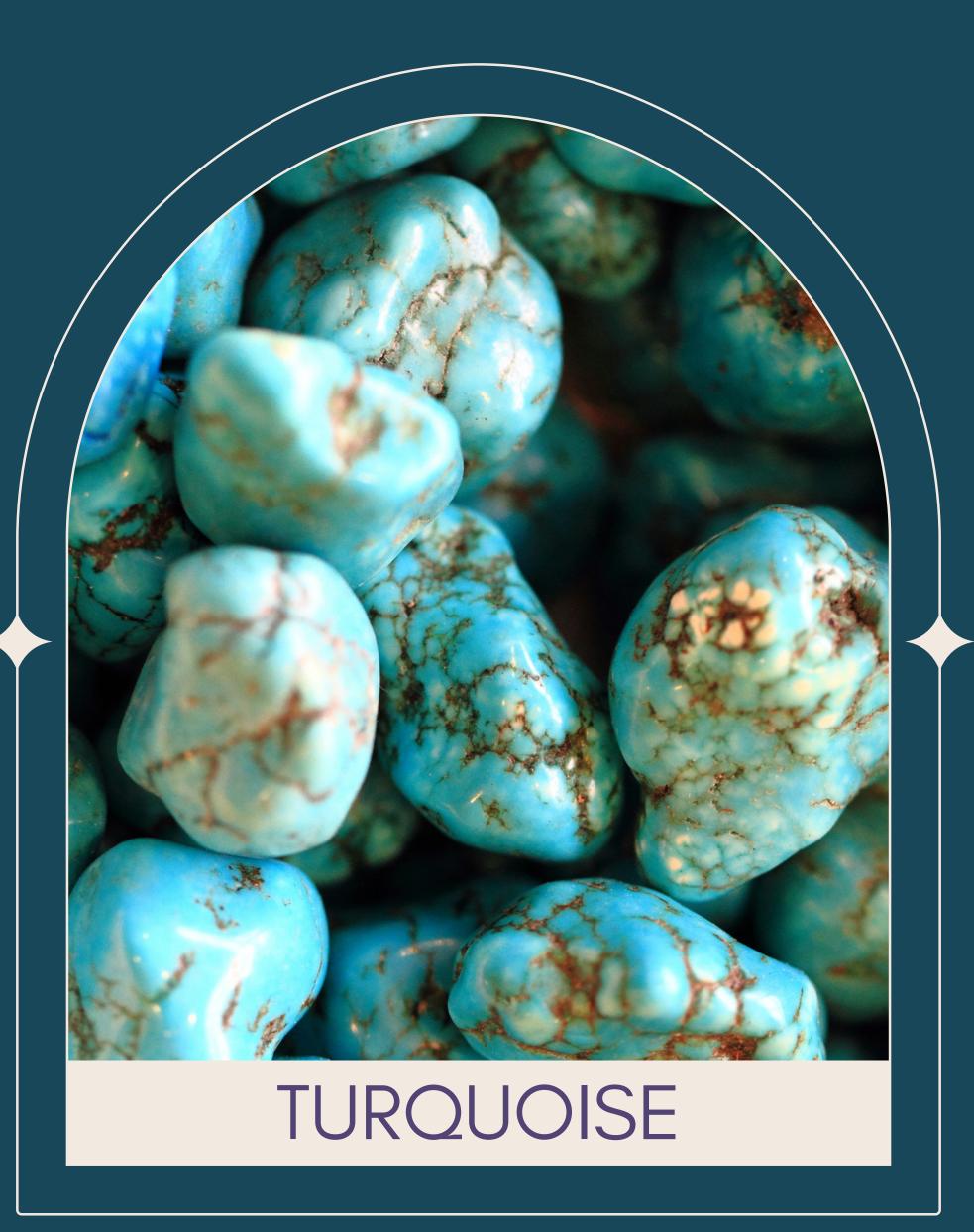
Holding or wearing Turquoise will reinvigorate and refresh vitality and boosts positive mental energies.

Great for those who need their spirits lifted or are suffering from personal grief or loss.



Like the rose quartz, Turquoise is a great choice for energies of the heart. It is perfect for the heart chakra and is a stone that relieves stress and brings energy back into

Anahata.



We can also use Turquoise to heal and rebalance Ajna the Third Eye Chakra. Placing the stone on Ajna helps to purify the chakra center and increases our intuition.

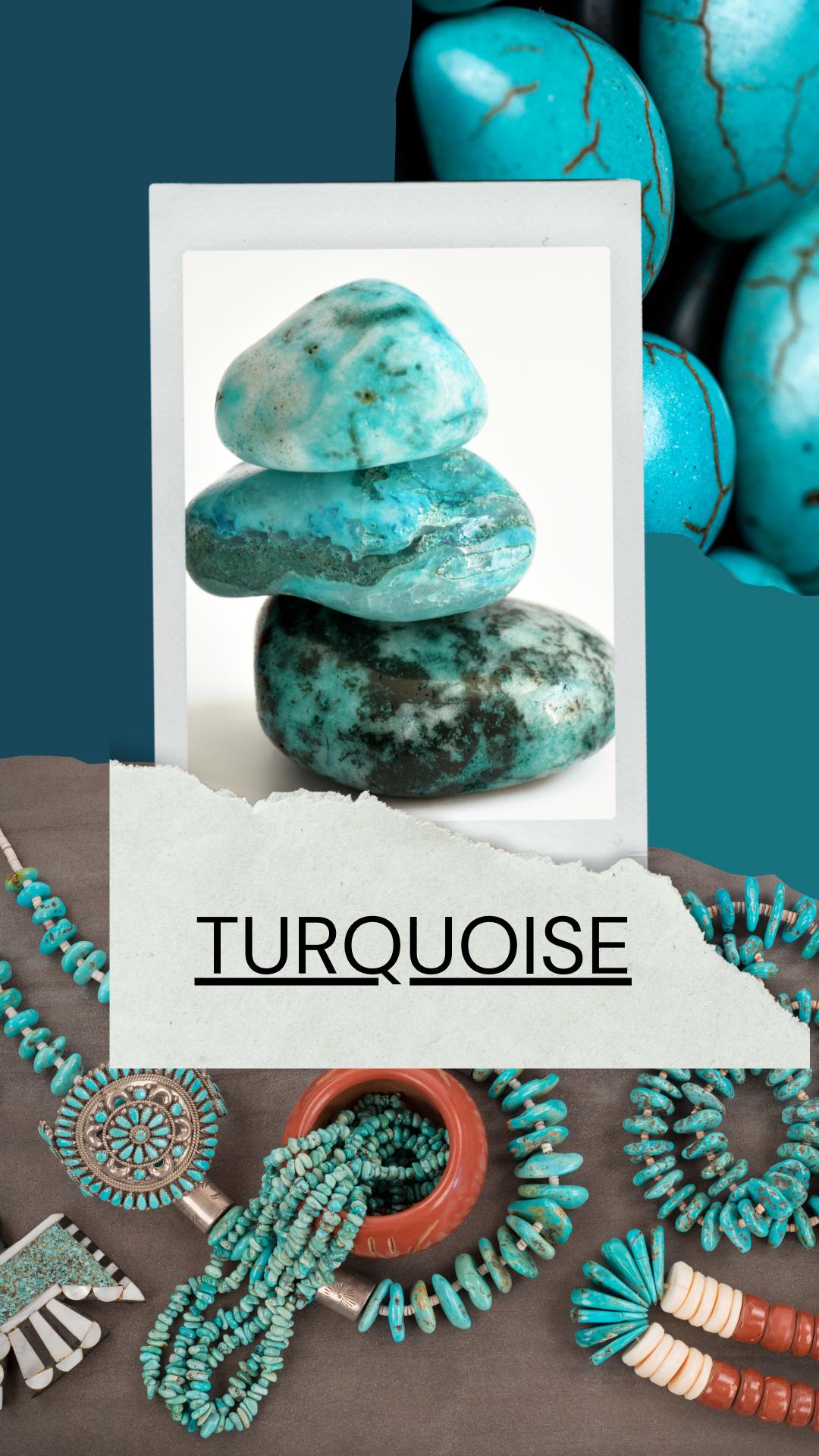


Turquoise is also associated with Vishuddha the Throat Chakra. It enables us to vocalize thoughts and express opinions in a clear and eloquent fashion.

Wearing Turquoise can help those who have a stutter or stammer.



Turquoise is believed to shield both the physical and metaphysical body, distancing us from toxins and negative energy from the environment. It can help boost immunity, reduce inflammation, and detoxify, making it an ideal choice for city dwellers.





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